

Dover Area High School
"Committed to Excellence"

Relay Top Times

Times since: 13-Nov-06

Dover Area High School [DAHS] Coach: Richard Janosky

Number of Top Times: 50 Show Yards Only

Time	P/F/S	Relay			
Girls Senior 200 Free Relay					
1	1:39.53 Y	P	A Relay	3/12/2014	AAA Girls State Championships 2014
			Rachel C. Spaulding (SR)		Summer A. Dacheux (SR) Nicole R. Smith (SR)
2	1:40.25 Y	F	A Relay	3/2/2012	District 3 AAA Championships 2012
			Rachel C. Spaulding (SR)		Nicole R. Smith (SR) Aniella F. Janosky (GR)
			Summer A. Dacheux (SR)		Shea L. Beierschmitt (SR) Allie Aspey (JR)
3	1:40.44 Y	F	A Relay	3/4/2011	District 3 AAA Championships 2011
			Courtney Dacheux (AL)		Nicole R. Smith (SR) Aniella F. Janosky (GR)
3	1:40.44 Y	F	A Relay	3/4/2011	District 3 AAA Championships 2011
			Courtney Dacheux (AL)		Nicole R. Smith (SR) Aniella F. Janosky (GR)
5	1:41.90 Y	F	A Relay	1/17/2013	York Suburban 2013
			Rachel C. Spaulding (SR)		Nicole R. Smith (SR) Aniella F. Janosky (GR)
6	1:42.38 Y	F	B Relay	2/9/2012	York Suburban 2012
			Rachel C. Spaulding (SR)		Nicole R. Smith (SR) Aniella F. Janosky (GR)
7	1:43.36 Y	F	A Relay	2/17/2012	YAIAA Championships 2012
			Mia R. Becker (SR)		Bree A. Link (GR) Nicole R. Smith (SR)
			Aniella F. Janosky (GR)		Shea L. Beierschmitt (SR) Morgan Staub (JR)
8	1:43.48 Y	F	A Relay	2/15/2013	YAIAA Championships 2013
			Rachel C. Spaulding (SR)		Shea L. Beierschmitt (SR) Mia R. Becker (SR)
			Aniella F. Janosky (GR)		Nicole R. Smith (SR) Emily Spaulding (SO)
9	1:43.53 Y	F	A Relay	1/16/2014	York Suburban 2014
			Rachel C. Spaulding (SR)		Mia R. Becker (SR) Nicole R. Smith (SR)
10	1:43.57 Y	F	A Relay	2/6/2014	Northeastern 2014
			Rachel C. Spaulding (SR)		Summer A. Dacheux (SR) Nicole R. Smith (SR)
11*	1:43.61 Y	F	A Relay	12/13/2012	Dallastown 2013
			Rachel C. Spaulding (SR)		Nicole R. Smith (SR) Aniella F. Janosky (GR)
11*	1:43.61 Y	F	A Relay	12/21/2012	Spring Grove 2013
			Rachel C. Spaulding (SR)		Nicole R. Smith (SR) Aniella F. Janosky (GR)
13	1:43.71 Y	F	A Relay	12/30/2013	2013 Big Spring Invitational
			Rachel C. Spaulding (SR)		Summer A. Dacheux (SR) Nicole R. Smith (SR)
14	1:43.97 Y	F	A Relay	1/30/2014	Susquehannock 2014
			Rachel C. Spaulding (SR)		Summer A. Dacheux (SR) Nicole R. Smith (SR)
15	1:44.01 Y	F	A Relay	1/24/2013	West York 2013
			Rachel C. Spaulding (SR)		Nicole R. Smith (SR) Aniella F. Janosky (GR)
16	1:44.12 Y	F	A Relay	2/2/2012	New Oxford 2012
			Rachel C. Spaulding (SR)		Nicole R. Smith (SR) Aniella F. Janosky (GR)
17	1:44.42 Y	F	A Relay	1/3/2013	South Western 2013
			Rachel C. Spaulding (SR)		Nicole R. Smith (SR) Aniella F. Janosky (GR)
18	1:44.53 Y	F	A Relay	1/31/2013	Susquehannock 2013
			Rachel C. Spaulding (SR)		Nicole R. Smith (SR) Aniella F. Janosky (GR)
19	1:44.65 Y	F	A Relay	1/13/2011	West York 2011
			Rachel C. Spaulding (SR)		Nicole R. Smith (SR) Aniella F. Janosky (GR)
20	1:44.66 Y	F	A Relay	12/17/2012	Cedar Cliff 2013
			Rachel C. Spaulding (SR)		Nicole R. Smith (SR) Aniella F. Janosky (GR)
21	1:44.67 Y	F	A Relay	1/20/2011	Susquehannock 2011
			Rachel C. Spaulding (SR)		Nicole R. Smith (SR) Aniella F. Janosky (GR)
22	1:44.75 Y	F	A Relay	2/3/2011	New Oxford 2011
			Rachel C. Spaulding (SR)		Nicole R. Smith (SR) Aniella F. Janosky (GR)
23	1:44.91 Y	F	A Relay	2/10/2011	York Suburban 2011
			Rachel C. Spaulding (SR)		Nicole R. Smith (SR) Aniella F. Janosky (GR)

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Time	P/F/S	Relay				
24	1:44.92 Y	F	A Relay		12/6/2013	2013 Eagle Invitational
			Morgan Staub (JR)	Mia R. Becker (SR)		Summer A. Dacheux (SR)
25	1:45.02 Y	F	A Relay		2/18/2011	YAIAA Championships 2011
			Rachel C. Spaulding (SR)	Amber Yeager (AL)		Summer A. Dacheux (SR)
			Aniella F. Janosky (GR)	Courtney Dacheux (AL)		Nicole R. Smith (SR)
26	1:45.10 Y	F	A Relay		12/18/2013	Spring Grove 2014
			Rachel C. Spaulding (SR)	Mia R. Becker (SR)		Summer A. Dacheux (SR)
27	1:45.19 Y	F	A Relay		12/12/2013	Dallastown 2014
			Rachel C. Spaulding (SR)	Shea L. Beierschmitt (SR)		Morgan Staub (JR)
28	1:45.37 Y	F	A Relay		2/7/2013	Northeastern 2013
			Rachel C. Spaulding (SR)	Shea L. Beierschmitt (SR)		Mia R. Becker (SR)
29	1:45.45 Y	F	A Relay		12/16/2013	Cedar Cliff 2014
			Rachel C. Spaulding (SR)	Mia R. Becker (SR)		Summer A. Dacheux (SR)
30*	1:45.49 Y	F	A Relay		12/22/2011	William Penn 2012
			Aniella F. Janosky (GR)	Mia R. Becker (SR)		Summer A. Dacheux (SR)
30*	1:45.49 Y	F	A Relay		2/15/2010	Northeastern 2010
			Christina Janosky (SR)	Christy Cashman (SR)		Courtney Dacheux (AL)
32*	1:45.53 Y	F	A Relay		12/7/2012	2012 Eagle Invitational
			Rachel C. Spaulding (SR)	Mia R. Becker (SR)		Nicole R. Smith (SR)
32*	1:45.53 Y	F	A Relay		12/28/2010	2010 Big Spring Invitational
			Nicole R. Smith (SR)	Rachel C. Spaulding (SR)		Courtney Dacheux (AL)
34	1:45.78 Y	F	A Relay		12/23/2010	William Penn 2011
			Nicole R. Smith (SR)	Rachel C. Spaulding (SR)		Courtney Dacheux (AL)
35	1:45.81 Y	F	A Relay		1/10/2013	New Oxford 2013
			Rachel C. Spaulding (SR)	Mia R. Becker (SR)		Nicole R. Smith (SR)
36*	1:45.92 Y	F	A Relay		1/5/2013	Arctic Swim Classic 2013
			Rachel C. Spaulding (SR)	Shea L. Beierschmitt (SR)		Summer A. Dacheux (SR)
36*	1:45.92 Y	F	A Relay		1/29/2011	South Western Relays 2011
			Nicole R. Smith (SR)	Rachel C. Spaulding (SR)		Summer A. Dacheux (SR)
38	1:45.96 Y	F	A Relay		12/17/2009	South Western 2010
			Christina Janosky (SR)	Bree A. Link (GR)		Courtney Dacheux (AL)
39	1:45.98 Y	F	A Relay		1/23/2014	West York 2014
			Lindsay Brenneman (FR)	Morgan Staub (JR)		Mia R. Becker (SR)
40	1:46.16 Y	F	A Relay		1/9/2014	New Oxford 2014
			Summer A. Dacheux (SR)	Rachel C. Spaulding (SR)		Morgan Staub (JR)
41	1:46.23 Y	F	B Relay		1/9/2014	New Oxford 2014
			Nicole R. Smith (SR)	Mia R. Becker (SR)		Lindsay Brenneman (FR)
42*	1:46.28 Y	F	A Relay		2/27/2009	District 3 AA Championships 2009
			Christina Janosky (SR)	Courtney Dacheux (AL)		Michelle Stern (SR)
42*	1:46.28 Y	F	A Relay		1/19/2012	Susquehannock 2012
			Morgan Staub (JR)	Mia R. Becker (SR)		Rachel C. Spaulding (SR)
44	1:46.32 Y	F	A Relay		1/7/2014	South Western 2014
			Rachel C. Spaulding (SR)	Mia R. Becker (SR)		Summer A. Dacheux (SR)
45	1:46.33 Y	F	A Relay		2/13/2009	YAIAA Championships 2009
			Christina Janosky (SR)	Courtney Dacheux (AL)		Michelle Stern (SR)
			Sarah Evans (AL)	Devon Gorman (AL)		Monica Rubritz (SR)
46	1:46.72 Y	F	A Relay		1/28/2010	Susquehannock 2010
			Aniella F. Janosky (GR)	Courtney Dacheux (AL)		Christy Cashman (SR)
47	1:46.76 Y	F	A Relay		1/5/2012	Central York 2012
			Summer A. Dacheux (SR)	Bree A. Link (GR)		Mia R. Becker (SR)
48	1:46.82 Y	F	A Relay		12/11/2008	South Western 2009
			Courtney Dacheux (AL)	Sarah Evans (AL)		Michelle Stern (SR)

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Time	P/F/S	Relay					
49	1:46.90 Y	F	A Relay		2/5/2009	Northeastern 2009	
			Christina Janosky (SR)	Courtney Dacheux (AL)		Michelle Stern (SR)	Christy Cashman (SR)
50	1:47.23 Y	F	B Relay		1/26/2008	Southwestern Relays 2008	
			Christy Cashman (SR)	Michelle Stern (SR)		Courtney Dacheux (AL)	Christina Janosky (SR)
Girls Senior 200 Back Relay							
1	1:56.97 Y	F	A Relay		1/26/2013	South Western Relays 2013	
			Shea L. Beierschmitt (SR)	Aniella F. Janosky (GR)		Nicole R. Smith (SR)	Summer A. Dacheux (SR)
2	1:58.46 Y	F	A Relay		1/26/2008	Southwestern Relays 2008	
			Christina Janosky (SR)	Courtney Dacheux (AL)		Christy Cashman (SR)	Haley Miller (AL)
3	1:58.53 Y	F	A Relay		1/25/2014	South Western Relays 2014	
			Shea L. Beierschmitt (SR)	Summer A. Dacheux (SR)		Nicole R. Smith (SR)	Morgan Staub (JR)
4	2:01.77 Y	F	A Relay		1/27/2007	Southwestern Relays 2007	
			Christina Janosky (SR)	Melissa Rubritz (SO)		Christy Cashman (SR)	Haley Miller (AL)
5	2:14.90 Y	F	B Relay		1/27/2007	Southwestern Relays 2007	
			Kaila Folk (AL)	Monica Rubritz (SR)		Sam Neidig (JR)	Becky Woods (AL)
6	2:20.69 Y	F	A Relay		1/30/2010	South Western Relays 2010	
			Rachel Thomas (SO)	Katie E. Diehl (AL)		Abbie Greenfield (SR)	Kaci Sudano (SR)
7	2:20.87 Y	F	A Relay		1/29/2011	South Western Relays 2011	
			Katie E. Diehl (AL)	Caitlin N. Mendel (JR)		Lindsay B. Miller (JR)	Sarah E. Spaulding (AL)
8	2:21.62 Y	F	B Relay		1/26/2013	South Western Relays 2013	
			Claudia Bollinger (JR)	Caitlin N. Mendel (JR)		Jessica Lindsay (JR)	Bari Boyd (GR)
9	2:26.09 Y	F	B Relay		1/25/2014	South Western Relays 2014	
			Mikala Arnold (FR)	Anna Becker (FR)		Claudia Bollinger (JR)	Allyson Swords (FR)
10	x 2:28.64 Y	F	C Relay		1/25/2014	South Western Relays 2014	
			Caroline Bradbury (9)	Madi Herman (JR)		Shelby Kent (JR)	Jessica Lindsay (JR)
11	2:33.30 Y	F	B Relay		1/29/2011	South Western Relays 2011	
			Ashley M. Barley (GR)	Bari Boyd (GR)		Mary Schultz (AL)	Paige E. Sheridan (FR)
12	2:37.65 Y	F	B Relay		1/30/2010	South Western Relays 2010	
			Sarah E. Spaulding (AL)	Courtney Henley (SR)		Tara Brown (JR)	Bari Boyd (GR)
Girls Senior 200 Breast Relay							
1	2:19.03 Y	F	A Relay		1/29/2011	South Western Relays 2011	
			Courtney Dacheux (AL)	Aniella F. Janosky (GR)		Bree A. Link (GR)	Rachel C. Spaulding (SR)
2	2:20.63 Y	F	A Relay		1/26/2013	South Western Relays 2013	
			Rachel C. Spaulding (SR)	Mia R. Becker (SR)		Allie Aspey (JR)	Bree A. Link (GR)
3	2:22.17 Y	F	C Relay		1/26/2008	Southwestern Relays 2008	
			Devon Gorman (AL)	Michelle Stern (SR)		Courtney Dacheux (AL)	Sarah Evans (AL)
4	2:23.75 Y	F	A Relay		1/26/2008	Southwestern Relays 2008	
			Devon Gorman (AL)	Michelle Stern (SR)		Christina Janosky (SR)	Sarah Evans (AL)
5	2:24.14 Y	F	A Relay		1/25/2014	South Western Relays 2014	
			Allie Aspey (JR)	Lindsay Brenneman (FR)		Kyra Shoemaker (SO)	Rachel C. Spaulding (SR)
6	2:35.32 Y	F	A Relay		1/30/2010	South Western Relays 2010	
			Kaci Sudano (SR)	Katie E. Diehl (AL)		Abbie Greenfield (SR)	Paige C. Neidig (JR)
7	2:35.93 Y	F	E Relay		1/27/2007	Southwestern Relays 2007	
			Michelle Stern (SR)	Abbie Greenfield (SR)		Kaci Sudano (SR)	Becky Woods (AL)
8	2:45.70 Y	F	B Relay		1/29/2011	South Western Relays 2011	
			Ashley M. Barley (GR)	Katie E. Diehl (AL)		Lindsay B. Miller (JR)	Sarah E. Spaulding (AL)
9	2:52.68 Y	F	B Relay		1/26/2013	South Western Relays 2013	
			Caitlin N. Mendel (JR)	Ashley M. Barley (GR)		Claudia Bollinger (JR)	Kyra Shoemaker (SO)
10	2:57.03 Y	F	B Relay		1/25/2014	South Western Relays 2014	
			Claudia Bollinger (JR)	Sadie Glatfelter (FR)		Shelby Kent (JR)	Mackenzie Patterson (FR)

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Time	P/F/S	Relay			
11	x 2:57.45 Y	F	C Relay	1/25/2014	South Western Relays 2014
	Hannah Riddle (FR)		Jessica Lindsay (JR)	Madi Herman (JR)	Kathryn Arnold (11)
12	3:12.24 Y	F	B Relay	1/30/2010	South Western Relays 2010
	Hannah Huss (SO)		Courtney Henley (SR)	Tara Brown (JR)	Ashley M. Barley (GR)
Girls Senior 200 Fly Relay					
1	1:54.11 Y	F	A Relay	1/26/2013	South Western Relays 2013
	Nicole R. Smith (SR)		Shea L. Beierschmitt (SR)	Summer A. Dacheux (SR)	Aniella F. Janosky (GR)
2	1:55.68 Y	F	A Relay	1/25/2014	South Western Relays 2014
	Shea L. Beierschmitt (SR)		Summer A. Dacheux (SR)	Nicole R. Smith (SR)	Rachel C. Spaulding (SR)
3	1:55.85 Y	F	B Relay	1/26/2008	Southwestern Relays 2008
	Christy Cashman (SR)		Devon Gorman (AL)	Megan Garner (AL)	Haley Miller (AL)
4	1:57.79 Y	F	C Relay	1/27/2007	Southwestern Relays 2007
	Hope Williams (JR)		Christy Cashman (SR)	Megan Garner (AL)	Haley Miller (AL)
5	1:59.03 Y	F	A Relay	1/26/2008	Southwestern Relays 2008
	Christina Janosky (SR)		Sarah Evans (AL)	Devon Gorman (AL)	Christy Cashman (SR)
6	2:02.16 Y	F	A Relay	1/29/2011	South Western Relays 2011
	Summer A. Dacheux (SR)		Mia R. Becker (SR)	Amber Yeager (AL)	Rachel C. Spaulding (SR)
7	2:14.59 Y	F	D Relay	1/27/2007	Southwestern Relays 2007
	Kaila Folk (AL)		Abbie Greenfield (SR)	Kaci Sudano (SR)	Becky Woods (AL)
8	2:18.89 Y	F	B Relay	1/26/2013	South Western Relays 2013
	Bari Boyd (GR)		Caitlin N. Mendel (JR)	Emily Spaulding (SO)	Kyra Shoemaker (SO)
9	2:19.23 Y	F	B Relay	1/25/2014	South Western Relays 2014
	Mikala Arnold (FR)		Claudia Bollinger (JR)	Jessica Lindsay (JR)	Emily Spaulding (SO)
10	2:24.73 Y	F	B Relay	1/29/2011	South Western Relays 2011
	Bari Boyd (GR)		Caitlin N. Mendel (JR)	Mary Schultz (AL)	Sarah E. Spaulding (AL)
11	x 2:34.88 Y	F	C Relay	1/25/2014	South Western Relays 2014
	Kathryn Arnold (11)		Alison Murray (FR)	Mackenzie Patterson (FR)	Allyson Swords (FR)
12	2:35.29 Y	F	B Relay	1/30/2010	South Western Relays 2010
	Rachel Thomas (SO)		Ashley M. Barley (GR)	Sarah E. Spaulding (AL)	Kaci Sudano (SR)
Girls Senior 200 Medley Relay					
1	1:50.29 Y	F	A Relay	2/15/2013	YAIAA Championships 2013
	Summer A. Dacheux (SR)		Bree A. Link (GR)	Aniella F. Janosky (GR)	Nicole R. Smith (SR)
	Rachel C. Spaulding (SR)		Mia R. Becker (SR)	Allie Aspey (JR)	Shea L. Beierschmitt (SR)
2	1:50.42 Y	F	A Relay	3/2/2012	District 3 AAA Championships 2012
	Summer A. Dacheux (SR)		Bree A. Link (GR)	Aniella F. Janosky (GR)	Nicole R. Smith (SR)
	Mia R. Becker (SR)		Rachel C. Spaulding (SR)	Shea L. Beierschmitt (SR)	Katie E. Diehl (AL)
3	1:51.55 Y	F	A Relay	2/17/2012	YAIAA Championships 2012
	Summer A. Dacheux (SR)		Bree A. Link (GR)	Aniella F. Janosky (GR)	Rachel C. Spaulding (SR)
	Mia R. Becker (SR)		Nicole R. Smith (SR)	Morgan Staub (JR)	Shea L. Beierschmitt (SR)
4	1:51.61 Y	F	A Relay	3/4/2011	District 3 AAA Championships 2011
	Nicole R. Smith (SR)		Bree A. Link (GR)	Aniella F. Janosky (GR)	Courtney Dacheux (AL)
4	1:51.61 Y	F	A Relay	3/4/2011	District 3 AAA Championships 2011
	Nicole R. Smith (SR)		Bree A. Link (GR)	Aniella F. Janosky (GR)	Courtney Dacheux (AL)
6	1:52.05 Y	F	A Relay	2/18/2011	YAIAA Championships 2011
	Nicole R. Smith (SR)		Bree A. Link (GR)	Aniella F. Janosky (GR)	Courtney Dacheux (AL)
	Amber Yeager (AL)		Summer A. Dacheux (SR)	Rachel C. Spaulding (SR)	Mia R. Becker (SR)
7	1:52.32 Y	F	A Relay	3/14/2012	AAA State Championships 2012
	Summer A. Dacheux (SR)		Bree A. Link (GR)	Aniella F. Janosky (GR)	Nicole R. Smith (SR)
8	1:52.41 Y	F	A Relay	3/19/2010	AA State Championships 2010
	Christina Janosky (SR)		Bree A. Link (GR)	Aniella F. Janosky (GR)	Courtney Dacheux (AL)

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			Summer A. Dacheux (SR)		Aniella F. Janosky (GR)
			Bree A. Link (GR)		Rachel C. Spaulding (SR)
10	1:53.69 Y	F	A Relay	3/14/2008	AA State Championships 2008
			Christina Janosky (SR)		Haley Miller (AL)
			Sarah Evans (AL)		Christy Cashman (SR)
11	1:55.85 Y	F	A Relay	1/24/2013	West York 2013
			Summer A. Dacheux (SR)		Aniella F. Janosky (GR)
			Bree A. Link (GR)		Nicole R. Smith (SR)
12	1:56.11 Y	F	A Relay	1/5/2013	Arctic Swim Classic 2013
			Summer A. Dacheux (SR)		Aniella F. Janosky (GR)
			Bree A. Link (GR)		Nicole R. Smith (SR)
13	1:56.23 Y	F	A Relay	2/7/2013	Northeastern 2013
			Summer A. Dacheux (SR)		Aniella F. Janosky (GR)
			Bree A. Link (GR)		Nicole R. Smith (SR)
14	1:56.26 Y	F	A Relay	1/23/2014	West York 2014
			Summer A. Dacheux (SR)		Shea L. Beierschmitt (SR)
			Rachel C. Spaulding (SR)		Nicole R. Smith (SR)
15*	1:56.34 Y	F	A Relay	2/15/2008	YAIAA Championships 2008
			Christina Janosky (SR)		Haley Miller (AL)
			Christy Cashman (SR)		Courtney Dacheux (AL)
					Megan Garner (AL)
15*	1:56.34 Y	F	A Relay	2/27/2009	District 3 AA Championships 2009
			Christina Janosky (SR)		Christy Cashman (SR)
			Sarah Evans (AL)		Michelle Stern (SR)
17	1:56.45 Y	F	A Relay	2/1/2007	York Suburban 2007
			Christina Janosky (SR)		Haley Miller (AL)
			Sarah Evans (AL)		Devon Gorman (AL)
18	1:56.58 Y	F	A Relay	2/16/2007	YAIAA Championships 2007
			Christina Janosky (SR)		Haley Miller (AL)
			Melissa Rubritz (SO)		Christy Cashman (SR)
			Sarah Evans (AL)		Devon Gorman (AL)
			Amy Smyser (AL)		Kaila Folk (AL)
19	1:56.59 Y	F	A Relay	1/19/2010	Dallastown 2010
			Christina Janosky (SR)		Aniella F. Janosky (GR)
			Bree A. Link (GR)		Courtney Dacheux (AL)
20	1:56.75 Y	F	A Relay	1/5/2012	Central York 2012
			Summer A. Dacheux (SR)		Aniella F. Janosky (GR)
			Bree A. Link (GR)		Rachel C. Spaulding (SR)
21	1:56.80 Y	F	A Relay	2/13/2009	YAIAA Championships 2009
			Christina Janosky (SR)		Christy Cashman (SR)
			Courtney Dacheux (AL)		Monica Rubritz (SR)
			Sarah Evans (AL)		Michelle Stern (SR)
			Devon Gorman (AL)		Abbie Greenfield (SR)
22	1:56.85 Y	F	A Relay	1/17/2013	York Suburban 2013
			Summer A. Dacheux (SR)		Shea L. Beierschmitt (SR)
			Bree A. Link (GR)		Mia R. Becker (SR)
23	1:56.90 Y	F	A Relay	2/19/2010	YAIAA Championships 2010
			Christina Janosky (SR)		Aniella F. Janosky (GR)
			Christy Cashman (SR)		Kaci Sudano (SR)
			Bree A. Link (GR)		Courtney Dacheux (AL)
			Amber Yeager (AL)		Lindsay B. Miller (JR)
24	1:56.91 Y	F	A Relay	11/30/2007	2007 Eagle Invitational
			Christina Janosky (SR)		Haley Miller (AL)
			Sarah Evans (AL)		Christy Cashman (SR)
25*	1:56.99 Y	F	A Relay	12/5/2008	2008 Eagle Invitational
			Christina Janosky (SR)		Christy Cashman (SR)
			Sarah Evans (AL)		Courtney Dacheux (AL)
25*	1:56.99 Y	F	A Relay	1/31/2013	Susquehannock 2013
			Summer A. Dacheux (SR)		Aniella F. Janosky (GR)
			Bree A. Link (GR)		Nicole R. Smith (SR)
27	1:57.06 Y	F	A Relay	2/7/2008	Dallastown 2008
			Christina Janosky (SR)		Haley Miller (AL)
			Sarah Evans (AL)		Courtney Dacheux (AL)
28	1:57.20 Y	F	B Relay	12/15/2009	Northern 2010
			Christina Janosky (SR)		Aniella F. Janosky (GR)
			Bree A. Link (GR)		Courtney Dacheux (AL)
29	1:57.25 Y	F	A Relay	1/14/2010	West York 2010
			Christina Janosky (SR)		Aniella F. Janosky (GR)
			Bree A. Link (GR)		Christy Cashman (SR)
30	1:57.32 Y	F	A Relay	12/12/2013	Dallastown 2014
			Summer A. Dacheux (SR)		Lindsay Brenneman (FR)
			Allie Aspey (JR)		Nicole R. Smith (SR)
31	1:57.33 Y	F	A Relay	12/6/2007	Northeastern 2008
			Christina Janosky (SR)		Haley Miller (AL)
			Sarah Evans (AL)		Devon Gorman (AL)
32	1:57.34 Y	F	A Relay	1/10/2008	Central York 2008
			Christina Janosky (SR)		Christy Cashman (SR)
			Sarah Evans (AL)		Haley Miller (AL)

Dover Area High School
"Committed to Excellence"

Relay Top Times

Times since: 13-Nov-06

Dover Area High School [DAHS] Coach: Richard Janosky

Number of Top Times: 50 Show Yards Only

Time	P/F/S	Relay					
33	1:57.46 Y	F	A Relay		1/30/2014	Susquehannock 2014	
			Summer A. Dacheux (SR)	Rachel C. Spaulding (SR)		Lindsay Brenneman (FR)	Nicole R. Smith (SR)
34	1:57.47 Y	F	A Relay		12/15/2011	Red Lion 2012	
			Summer A. Dacheux (SR)	Bree A. Link (GR)		Aniella F. Janosky (GR)	Rachel C. Spaulding (SR)
35	1:57.55 Y	F	A Relay		2/2/2012	New Oxford 2012	
			Summer A. Dacheux (SR)	Bree A. Link (GR)		Aniella F. Janosky (GR)	Nicole R. Smith (SR)
36	1:57.59 Y	F	B Relay		1/2/2008	Northern 2008	
			Christina Janosky (SR)	Sarah Evans (AL)		Haley Miller (AL)	Devon Gorman (AL)
37	1:57.63 Y	F	A Relay		12/21/2006	Spring Grove 2007	
			Christina Janosky (SR)	Sarah Evans (AL)		Haley Miller (AL)	Devon Gorman (AL)
38*	1:57.65 Y	F	A Relay		1/31/2008	York Suburban 2008	
			Christina Janosky (SR)	Sarah Evans (AL)		Haley Miller (AL)	Courtney Dacheux (AL)
38*	1:57.65 Y	F	A Relay		12/11/2009	2009 Eagle Invitational	
			Christina Janosky (SR)	Bree A. Link (GR)		Aniella F. Janosky (GR)	Courtney Dacheux (AL)
40	1:57.79 Y	F	A Relay		1/24/2008	Susquehannock 2008	
			Christina Janosky (SR)	Sarah Evans (AL)		Haley Miller (AL)	Christy Cashman (SR)
41*	1:57.86 Y	F	A Relay		12/9/2008	Northern 2009	
			Christina Janosky (SR)	Sarah Evans (AL)		Christy Cashman (SR)	Courtney Dacheux (AL)
41*	1:57.86 Y	F	A Relay		12/9/2011	2011 Eagle Invitational	
			Summer A. Dacheux (SR)	Bree A. Link (GR)		Aniella F. Janosky (GR)	Rachel C. Spaulding (SR)
43	1:57.93 Y	F	A Relay		12/28/2011	2011 Big Spring Invitational	
			Nicole R. Smith (SR)	Bree A. Link (GR)		Aniella F. Janosky (GR)	Rachel C. Spaulding (SR)
44	1:58.07 Y	F	A Relay		12/18/2008	Spring Grove 2009	
			Christina Janosky (SR)	Sarah Evans (AL)		Christy Cashman (SR)	Courtney Dacheux (AL)
45	1:58.10 Y	F	A Relay		1/21/2010	York Suburban 2010	
			Christina Janosky (SR)	Bree A. Link (GR)		Christy Cashman (SR)	Courtney Dacheux (AL)
46*	1:58.12 Y	F	A Relay		1/8/2011	Arctic Swim Classic 2011	
			Nicole R. Smith (SR)	Bree A. Link (GR)		Aniella F. Janosky (GR)	Courtney Dacheux (AL)
46*	1:58.12 Y	F	A Relay		1/12/2012	West York 2012	
			Summer A. Dacheux (SR)	Bree A. Link (GR)		Aniella F. Janosky (GR)	Rachel C. Spaulding (SR)
48	1:58.16 Y	F	A Relay		1/19/2012	Susquehannock 2012	
			Summer A. Dacheux (SR)	Bree A. Link (GR)		Aniella F. Janosky (GR)	Rachel C. Spaulding (SR)
49	1:58.24 Y	F	A Relay		1/7/2012	Arctic Swim Classic 2012	
			Nicole R. Smith (SR)	Bree A. Link (GR)		Summer A. Dacheux (SR)	Aniella F. Janosky (GR)
50	1:58.29 Y	F	A Relay		12/28/2006	2006 Big Spring Invitational	
			Christina Janosky (SR)	Sarah Evans (AL)		Haley Miller (AL)	Devon Gorman (AL)

Girls Senior 400 Free Relay

1	3:36.08 Y	P	A Relay		3/13/2013	AAA Girls State Championships 2013	
			Rachel C. Spaulding (SR)	Summer A. Dacheux (SR)		Nicole R. Smith (SR)	Aniella F. Janosky (GR)
2	3:36.40 Y	F	A Relay		2/15/2013	YAIAA Championships 2013	
			Rachel C. Spaulding (SR)	Summer A. Dacheux (SR)		Nicole R. Smith (SR)	Aniella F. Janosky (GR)
			Morgan Staub (JR)	Shea L. Beierschmitt (SR)		Mia R. Becker (SR)	Bree A. Link (GR)
3	3:37.96 Y	F	A Relay		2/18/2011	YAIAA Championships 2011	
			Rachel C. Spaulding (SR)	Courtney Dacheux (AL)		Nicole R. Smith (SR)	Aniella F. Janosky (GR)
			Mia R. Becker (SR)	Summer A. Dacheux (SR)		Amber Yeager (AL)	Shea L. Beierschmitt (SR)
4	3:38.34 Y	F	A Relay		3/4/2011	District 3 AAA Championships 2011	
			Rachel C. Spaulding (SR)	Courtney Dacheux (AL)		Nicole R. Smith (SR)	Aniella F. Janosky (GR)
4	3:38.34 Y	F	A Relay		3/4/2011	District 3 AAA Championships 2011	
			Rachel C. Spaulding (SR)	Courtney Dacheux (AL)		Nicole R. Smith (SR)	Aniella F. Janosky (GR)

Dover Area High School
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Relay Top Times

Times since: 13-Nov-06

Dover Area High School [DAHS] Coach: Richard Janosky

Number of Top Times: 50 Show Yards Only

Time	P/F/S	Relay			
6	3:38.62 Y	F	A Relay	3/2/2012	District 3 AAA Championships 2012
	Rachel C. Spaulding (SR)	Mia R. Becker (SR)	Nicole R. Smith (SR)	Aniella F. Janosky (GR)	
	Summer A. Dacheux (SR)	Shea L. Beierschmitt (SR)	Morgan Staub (JR)	Bree A. Link (GR)	
7	3:40.30 Y	F	A Relay	2/17/2012	YAIAA Championships 2012
	Rachel C. Spaulding (SR)	Mia R. Becker (SR)	Nicole R. Smith (SR)	Aniella F. Janosky (GR)	
	Summer A. Dacheux (SR)	Bree A. Link (GR)	Shea L. Beierschmitt (SR)	Morgan Staub (JR)	
8	3:40.44 Y	F	A Relay	3/18/2011	AAA State Championships 2011
	Aniella F. Janosky (GR)	Nicole R. Smith (SR)	Courtney Dacheux (AL)	Rachel C. Spaulding (SR)	
9	3:41.31 Y	F	A Relay	1/17/2013	York Suburban 2013
	Rachel C. Spaulding (SR)	Summer A. Dacheux (SR)	Nicole R. Smith (SR)	Aniella F. Janosky (GR)	
10	3:42.42 Y	F	A Relay	3/14/2008	AA State Championships 2008
	Christina Janosky (SR)	Christy Cashman (SR)	Courtney Dacheux (AL)	Haley Miller (AL)	
11	3:43.40 Y	F	A Relay	3/19/2010	AA State Championships 2010
	Christina Janosky (SR)	Christy Cashman (SR)	Courtney Dacheux (AL)	Aniella F. Janosky (GR)	
12	3:43.67 Y	F	A Relay	1/26/2013	South Western Relays 2013
	Rachel C. Spaulding (SR)	Summer A. Dacheux (SR)	Nicole R. Smith (SR)	Aniella F. Janosky (GR)	
13	3:44.32 Y	F	A Relay	12/21/2012	Spring Grove 2013
	Rachel C. Spaulding (SR)	Summer A. Dacheux (SR)	Nicole R. Smith (SR)	Aniella F. Janosky (GR)	
14	3:44.42 Y	F	A Relay	1/31/2013	Susquehannock 2013
	Rachel C. Spaulding (SR)	Summer A. Dacheux (SR)	Nicole R. Smith (SR)	Aniella F. Janosky (GR)	
15	3:45.08 Y	F	A Relay	1/5/2013	Arctic Swim Classic 2013
	Rachel C. Spaulding (SR)	Mia R. Becker (SR)	Nicole R. Smith (SR)	Aniella F. Janosky (GR)	
16	3:45.18 Y	F	A Relay	12/30/2013	2013 Big Spring Invitational
	Rachel C. Spaulding (SR)	Lindsay Brenneman (FR)	Summer A. Dacheux (SR)	Nicole R. Smith (SR)	
17	3:45.22 Y	F	A Relay	2/19/2010	YAIAA Championships 2010
	Christina Janosky (SR)	Christy Cashman (SR)	Courtney Dacheux (AL)	Aniella F. Janosky (GR)	
	Bree A. Link (GR)	Amber Yeager (AL)	Lindsay B. Miller (JR)	Sarah E. Spaulding (AL)	
18	3:45.87 Y	F	A Relay	12/13/2012	Dallastown 2013
	Rachel C. Spaulding (SR)	Summer A. Dacheux (SR)	Nicole R. Smith (SR)	Aniella F. Janosky (GR)	
19	3:46.12 Y	F	A Relay	1/30/2014	Susquehannock 2014
	Rachel C. Spaulding (SR)	Lindsay Brenneman (FR)	Summer A. Dacheux (SR)	Nicole R. Smith (SR)	
20	3:46.32 Y	F	A Relay	1/24/2013	West York 2013
	Rachel C. Spaulding (SR)	Summer A. Dacheux (SR)	Nicole R. Smith (SR)	Aniella F. Janosky (GR)	
21	3:46.44 Y	F	A Relay	1/13/2011	West York 2011
	Rachel C. Spaulding (SR)	Courtney Dacheux (AL)	Nicole R. Smith (SR)	Aniella F. Janosky (GR)	
22	3:46.48 Y	F	A Relay	1/25/2014	South Western Relays 2014
	Mia R. Becker (SR)	Summer A. Dacheux (SR)	Rachel C. Spaulding (SR)	Nicole R. Smith (SR)	
23	3:46.72 Y	F	A Relay	1/16/2014	York Suburban 2014
	Rachel C. Spaulding (SR)	Lindsay Brenneman (FR)	Summer A. Dacheux (SR)	Nicole R. Smith (SR)	
24	3:47.03 Y	F	A Relay	2/6/2014	Northeastern 2014
	Rachel C. Spaulding (SR)	Lindsay Brenneman (FR)	Summer A. Dacheux (SR)	Nicole R. Smith (SR)	
25	3:47.06 Y	F	A Relay	1/20/2011	Susquehannock 2011
	Rachel C. Spaulding (SR)	Courtney Dacheux (AL)	Nicole R. Smith (SR)	Aniella F. Janosky (GR)	
26	3:47.11 Y	F	A Relay	2/27/2009	District 3 AA Championships 2009
	Christina Janosky (SR)	Courtney Dacheux (AL)	Christy Cashman (SR)	Michelle Stern (SR)	
27	3:47.81 Y	F	A Relay	12/6/2013	2013 Eagle Invitational
	Rachel C. Spaulding (SR)	Morgan Staub (JR)	Summer A. Dacheux (SR)	Nicole R. Smith (SR)	
28	3:47.83 Y	F	A Relay	2/7/2013	Northeastern 2013
	Rachel C. Spaulding (SR)	Summer A. Dacheux (SR)	Nicole R. Smith (SR)	Aniella F. Janosky (GR)	
29	3:48.11 Y	F	A Relay	2/7/2008	Dallastown 2008
	Christina Janosky (SR)	Christy Cashman (SR)	Courtney Dacheux (AL)	Haley Miller (AL)	

Dover Area High School
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Relay Top Times

Times since: 13-Nov-06

Dover Area High School [DAHS] Coach: Richard Janosky

Number of Top Times: 50 Show Yards Only

Time	P/F/S	Relay				
30	3:48.24 Y	F	A Relay		12/28/2011	2011 Big Spring Invitational
			Rachel C. Spaulding (SR)	Summer A. Dacheux (SR)		Nicole R. Smith (SR) Aniella F. Janosky (GR)
31	3:48.26 Y	F	A Relay		12/7/2012	2012 Eagle Invitational
			Rachel C. Spaulding (SR)	Summer A. Dacheux (SR)		Nicole R. Smith (SR) Aniella F. Janosky (GR)
32	3:48.48 Y	F	A Relay		1/3/2013	South Western 2013
			Rachel C. Spaulding (SR)	Summer A. Dacheux (SR)		Nicole R. Smith (SR) Aniella F. Janosky (GR)
33	3:48.53 Y	F	A Relay		1/31/2008	York Suburban 2008
			Christina Janosky (SR)	Christy Cashman (SR)		Courtney Dacheux (AL) Haley Miller (AL)
34	3:48.57 Y	F	A Relay		1/23/2014	West York 2014
			Rachel C. Spaulding (SR)	Lindsay Brenneman (FR)		Summer A. Dacheux (SR) Nicole R. Smith (SR)
35	3:48.65 Y	F	A Relay		1/7/2014	South Western 2014
			Rachel C. Spaulding (SR)	Morgan Staub (JR)		Summer A. Dacheux (SR) Nicole R. Smith (SR)
36	3:48.83 Y	F	A Relay		12/18/2013	Spring Grove 2014
			Rachel C. Spaulding (SR)	Lindsay Brenneman (FR)		Summer A. Dacheux (SR) Nicole R. Smith (SR)
37	3:48.91 Y	F	A Relay		12/15/2011	Red Lion 2012
			Rachel C. Spaulding (SR)	Summer A. Dacheux (SR)		Nicole R. Smith (SR) Aniella F. Janosky (GR)
38	3:48.93 Y	F	A Relay		1/7/2012	Arctic Swim Classic 2012
			Rachel C. Spaulding (SR)	Mia R. Becker (SR)		Nicole R. Smith (SR) Aniella F. Janosky (GR)
39	3:48.94 Y	F	A Relay		1/27/2011	Northeastern 2011
			Rachel C. Spaulding (SR)	Courtney Dacheux (AL)		Nicole R. Smith (SR) Aniella F. Janosky (GR)
40	3:49.08 Y	F	A Relay		12/27/2012	2012 Big Spring Invitational
			Rachel C. Spaulding (SR)	Mia R. Becker (SR)		Nicole R. Smith (SR) Aniella F. Janosky (GR)
41	3:49.12 Y	F	A Relay		12/12/2013	Dallastown 2014
			Rachel C. Spaulding (SR)	Lindsay Brenneman (FR)		Summer A. Dacheux (SR) Nicole R. Smith (SR)
42	3:49.26 Y	F	A Relay		1/5/2012	Central York 2012
			Rachel C. Spaulding (SR)	Mia R. Becker (SR)		Nicole R. Smith (SR) Aniella F. Janosky (GR)
43	3:49.68 Y	F	A Relay		2/10/2011	York Suburban 2011
			Rachel C. Spaulding (SR)	Courtney Dacheux (AL)		Nicole R. Smith (SR) Aniella F. Janosky (GR)
44	3:49.71 Y	F	A Relay		12/17/2012	Cedar Cliff 2013
			Rachel C. Spaulding (SR)	Summer A. Dacheux (SR)		Nicole R. Smith (SR) Aniella F. Janosky (GR)
45	3:49.90 Y	F	B Relay		2/9/2012	York Suburban 2012
			Summer A. Dacheux (SR)	Mia R. Becker (SR)		Morgan Staub (JR) Nicole R. Smith (SR)
46	3:50.00 Y	F	A Relay		2/15/2008	YAIAA Championships 2008
			Christina Janosky (SR)	Christy Cashman (SR)		Courtney Dacheux (AL) Haley Miller (AL)
			Megan Garner (AL)	Michelle Stern (SR)		Kaila Folk (AL) Michelle Garcia (SO)
47	3:50.92 Y	F	A Relay		1/9/2014	New Oxford 2014
			Nicole R. Smith (SR)	Allie Aspey (JR)		Morgan Staub (JR) Rachel C. Spaulding (SR)
48	3:51.14 Y	F	A Relay		2/3/2011	New Oxford 2011
			Rachel C. Spaulding (SR)	Courtney Dacheux (AL)		Nicole R. Smith (SR) Aniella F. Janosky (GR)
49	3:51.31 Y	F	B Relay		2/15/2013	YAIAA Championships 2013
			Morgan Staub (JR)	Bree A. Link (GR)		Shea L. Beierschmitt (SR) Mia R. Becker (SR)
			Claudia Bollinger (JR)	Emily Spaulding (SO)		Caitlin N. Mendel (JR) Jessica Lindsay (JR)
50*	3:51.66 Y	F	A Relay		12/10/2010	2010 Eagle Invitational
			Rachel C. Spaulding (SR)	Nicole R. Smith (SR)		Courtney Dacheux (AL) Aniella F. Janosky (GR)
50*	3:51.66 Y	F	A Relay		1/7/2010	Spring Grove 2010
			Christina Janosky (SR)	Christy Cashman (SR)		Courtney Dacheux (AL) Aniella F. Janosky (GR)

Girls Senior 400 Medley Relay

1	4:17.08 Y	F	A Relay		1/27/2007	Southwestern Relays 2007
			Christina Janosky (SR)	Sarah Evans (AL)		Haley Miller (AL) Devon Gorman (AL)
2	4:18.27 Y	F	A Relay		1/26/2008	Southwestern Relays 2008
			Christina Janosky (SR)	Sarah Evans (AL)		Haley Miller (AL) Megan Garner (AL)

Dover Area High School
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Relay Top Times

Times since: 13-Nov-06

Dover Area High School [DAHS] Coach: Richard Janosky

Number of Top Times: 50 Show Yards Only

Time	P/F/S	Relay			
3	4:18.38 Y	F	A Relay		1/30/2010 South Western Relays 2010
			Christina Janosky (SR)	Bree A. Link (GR)	Aniella F. Janosky (GR) Courtney Dacheux (AL)
4	4:22.00 Y	F	A Relay		1/26/2013 South Western Relays 2013
			Summer A. Dacheux (SR)	Bree A. Link (GR)	Shea L. Beierschmitt (SR) Mia R. Becker (SR)
5	4:23.50 Y	F	A Relay		1/26/2013 South Western Relays 2013
			Rachel C. Spaulding (SR)	Bree A. Link (GR)	Nicole R. Smith (SR) Aniella F. Janosky (GR)
6	4:24.28 Y	F	A Relay		1/29/2011 South Western Relays 2011
			Amber Yeager (AL)	Bree A. Link (GR)	Summer A. Dacheux (SR) Courtney Dacheux (AL)
7	4:26.11 Y	F	A Relay		1/29/2011 South Western Relays 2011
			Bree A. Link (GR)	Courtney Dacheux (AL)	Nicole R. Smith (SR) Aniella F. Janosky (GR)
8	4:28.61 Y	F	A Relay		1/30/2010 South Western Relays 2010
			Christina Janosky (SR)	Courtney Dacheux (AL)	Bree A. Link (GR) Aniella F. Janosky (GR)
9	4:29.87 Y	F	B Relay		1/27/2007 Southwestern Relays 2007
			Lisa Wedsberg (AL)	Sarah Evans (AL)	Devon Gorman (AL) Haley Miller (AL)
10	4:33.77 Y	F	A Relay		1/26/2008 Southwestern Relays 2008
			Christy Cashman (SR)	Sarah Evans (AL)	Courtney Dacheux (AL) Devon Gorman (AL)
11	4:35.77 Y	F	A Relay		1/25/2014 South Western Relays 2014
			Morgan Staub (JR)	Allie Aspey (JR)	Shea L. Beierschmitt (SR) Mia R. Becker (SR)
12	4:37.07 Y	F	B Relay		1/26/2008 Southwestern Relays 2008
			Michelle Stern (SR)	Megan Garner (AL)	Sarah Evans (AL) Devon Gorman (AL)
13	4:48.92 Y	F	A Relay		1/25/2014 South Western Relays 2014
			Allie Aspey (JR)	Lindsay Brenneman (FR)	Kyra Shoemaker (SO) Emily Spaulding (SO)

Girls Senior 500 Free Relay

1	4:45.67 Y	F	A Relay		1/25/2014 South Western Relays 2014
			Morgan Staub (JR) Mia R. Becker (SR)	Rachel C. Spaulding (SR)	Nicole R. Smith (SR) Summer A. Dacheux (SR)
2	4:53.80 Y	F	A Relay		1/26/2013 South Western Relays 2013
			Shea L. Beierschmitt (SR) Bree A. Link (GR)	Mia R. Becker (SR)	Rachel C. Spaulding (SR) Morgan Staub (JR)
3	4:56.14 Y	F	A Relay		1/29/2011 South Western Relays 2011
			Amber Yeager (AL) Shea L. Beierschmitt (SR)	Mia R. Becker (SR)	Nicole R. Smith (SR) Courtney Dacheux (AL)
4	5:03.48 Y	F	A Relay		1/30/2010 South Western Relays 2010
			Amber Yeager (AL) Lindsay B. Miller (JR)	Courtney Dacheux (AL)	Christina Janosky (SR) Christy Cashman (SR)
5	5:21.88 Y	F	A Relay		1/27/2007 Southwestern Relays 2007
			Lisa Wedsberg (AL) Sam Neidig (JR)	Hope Williams (JR)	Michelle Stern (SR) Megan Garner (AL)
6	5:39.87 Y	F	A Relay		1/26/2008 Southwestern Relays 2008
			Sarah Shaffer (JR) Hope Williams (JR)	Kaila Folk (AL)	Sam Neidig (JR) Crystal Smith (AL)